

# NOTE and REST VALUES

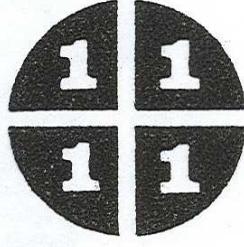
ONE WHOLE NOTE



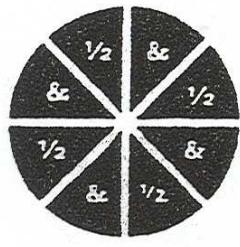
TWO HALF NOTES



FOUR QUARTER NOTES



8 EIGHTH NOTES



EQUALS



OR



OR



The WHOLE NOTE



4 BEATS

The HALF NOTE



2 BEATS

The QUARTER NOTE



1 BEAT

The EIGHTH NOTE



$\frac{1}{2}$  BEAT

The WHOLE REST



4 BEATS

The HALF REST



2 BEATS

The QUARTER REST



1 BEAT

The EIGHTH REST



$\frac{1}{2}$  BEAT